

In Vitro Antimicrobial Activity of Taurolidine against Isolates Associated with Catheter-Related Bloodstream Infections

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BACKGROUND

- Taurolidine is a novel antimicrobial with broad spectrum antibacterial/antifungal activity and two mechanisms of action that does not lend itself to clinically relevant microbial resistance at concentrations contained within a central venous catheter.
- Taurolidine exerts its activity through damage to microbial cell walls and inhibiting adherence of microorganisms to biological surfaces.
- Taurolidine is a component of a recently FDA-approved catheter lock solution (DefenCath®, taurolidine 13,500 µg/mL and heparin 1000 Units/mL) indicated for reducing the incidence of CRBSI in adult patients receiving chronic hemodialysis through a central venous catheter (HD-CVC).
- Although individual isolates from the clinical program were not available for testing, this study evaluated the in vitro antimicrobial activity of taurolidine against a set of recent clinical isolates representative of those recovered from the LOCK-IT-100 trial and/or commonly associated with CRBSI.

METHODS

LOCK-IT-100 Study Design and Outcomes

- LOCK-IT-100 was a phase 3, randomized, double-blind, active-control, multicenter study aimed to evaluate the efficacy and safety of DefenCath® (taurolidine 13,500mg/L and heparin 1000 units/mL) as a catheter lock solution for the reduction of CRBSI in adult patients receiving chronic hemodialysis.
 - Patients randomized 1:1 receive a quantity sufficient to fill each catheter lumen of either taurolidine/heparin or heparin 1000 units/mL following each dialysis session.
 - The primary end point was the time to CRBSI defined a one positive blood culture (other than for coagulase-negative staphylococci, which required a confirmatory culture) from either a peripheral site, the catheter hub, or the dialysis blood line, signs and symptoms of infection, and no other apparent source of bloodstream infection.
 - Among the 327 patients in the taurolidine/heparin arm and the 326 in the heparin arm, there were 9 and 32 cases of CRBSI, respectively; these equated to a 71% reduction in risk of CRBSI for taurolidine/heparin (Figure 1)
 - Table 1 depicts the pathogens recovered from both treatment arms in LOCK-IT-100
 - As the actual isolates from LOCK-IT-100 were unavailable, this study includes representative contemporary pathogens.
- ### Taurolidine In Vitro Studies
- 442 bacterial and 50 yeast isolates were selected from the SENTRY Antimicrobial Surveillance Program
 - All isolates were collected from the bloodstream of U.S. patients between 2018–2023.
 - Challenge isolates were included such as MRSA, MRCoNS, MDR Enterobacterales, MDR Pseudomonas aeruginosa, and MDR Acinetobacter baumannii-calcoaceticus sc.
 - Testing followed CLSI broth microdilution guidelines using JMI Laboratories produced susceptibility test panels.
 - CAMHB was used for testing bacterial isolates which was supplemented with 2.5–5% LHB for testing Streptococci or 5% OADC when testing MAC isolates.
 - RPMI 1640 broth buffered with MOPS and 0.2% (w/v) glucose was used for testing fungal isolates.
 - Taurolidine MIC values reported were read at 100% growth inhibition.

ABBREVIATIONS

CAMHB, Cation-adjusted Mueller-Hinton broth
 CLSI, Clinical and Laboratory Standards Institute
 CRBSI, catheter-related bloodstream infections
 LHB, lysed horse blood
 MAC, Mycobacterium avium complex
 MDR, multidrug-resistant
 MOPS, morpholinopropanesulfonic acid
 MRCoNS, methicillin-resistant coagulase-negative Staphylococcus
 MRSA, methicillin-resistant Staphylococcus aureus
 ND, not determined
 OADC, oleic acid-albumin-dextrose-catalase
 RPMI, Roswell Park Memorial Institute
 sc, species complex
 VRE, vancomycin-resistant Enterococcus

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DISCLOSURES

This study was funded by CorMedix® Inc. Element Iowa City (JMI Laboratories) received compensation for services related to the preparation of this poster.

RESULTS

Table 1. Pathogens recovered from CRBSI during LOCK-IT-100 trial

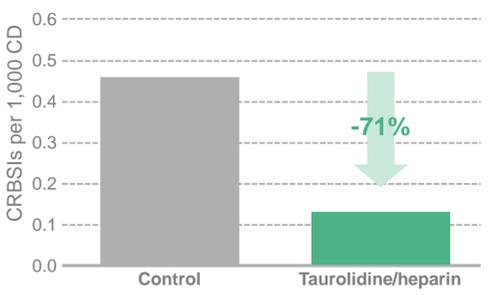
Organism	Taurolidine/ Heparin		Heparin	
	n	%	n	%
Total	9		34^a	
Gram-Positive	8	88.9%	20	58.8%
<i>S. aureus</i>	7	77.8%	8	23.5%
MSSA	3	33.3%	3	8.8%
MRSA	4	44.4%	5	14.7%
<i>S. epidermidis</i>	1	11.1%	4	11.8%
<i>S. lugdunensis</i>			1	2.9%
<i>S. sanguinis</i>			2	5.9%
<i>S. bovis</i>			1	2.9%
Viridans streptococci			1	2.9%
<i>E. faecalis</i>			3	8.8%
Gram-Negative	1	11.1%	14	41.2%
<i>C. koseri</i>			2	5.9%
<i>E. aerogenes</i>			1	2.9%
<i>E. cloacae</i>			4	11.8%
<i>K. pneumoniae</i>	1	11.1%	2	5.9%
<i>S. maltophilia</i>			1	2.9%
<i>S. marcescans</i>			3	8.8%
<i>P. aeruginosa</i>			1	2.9%

^a Polymicrobial: *P. aeruginosa* and *S. epidermidis*; *S. epidermidis* and Viridans streptococcus

Figure 1. Comparison CRBSI cases between taurolidine/heparin and control arms of LOCK-IT-100 Trial

	Taurolidine/ heparin (n=327)	Control (n=326)
No. of cases (CBRSI/1000 CD)	9 (0.13)	32 (0.46)
Total catheter-days follow-up	67,593	68,890
Hazard ratio (95% CI)*	0.29 (0.14, 0.62) p = 0.001	
Log-rank Test	p = 0.006	

*Cox Proportional Hazards Model
CD: Catheter Days; CI: Confidence Interval



- Taurolidine exhibited broad antimicrobial activity against all isolates tested, with 95.5% of all MIC values ≤1,024 µg/mL (Tables 2).
- All taurolidine MIC values were ≤ 1,024 µg/mL against Gram-positive bacteria:
 - S. aureus* (MIC_{50/90}: 512/512µg/mL)
 - Coagulase-negative Staphylococcus (MIC_{50/90}: 512/512 µg/mL)
 - Enterococcus species (MIC_{50/90}: 512/512 µg/mL)
 - Viridans group streptococci (MIC_{50/90}: 512/512 µg/mL)
 - Non-tuberculosis Mycobacteria (MIC_{50/90}: 1,024/2,048 µg/mL)
 Activity was maintained regardless of methicillin susceptibility for Staphylococcal isolates or vancomycin resistance among Enterococcal species.
- All taurolidine MIC values were ≤2,048 µg/mL against Gram-negative bacteria:
 - Enterobacterales (MIC_{50/90}: 512/512 µg/mL)
 - P. aeruginosa* (MIC_{50/90}: 1,024/1,024 µg/mL)
 - S. maltophilia* (MIC_{50/90}: 256/512 µg/mL)
 - A. baumannii-calcoaceticus* sc (MIC_{50/90}: 512/512 µg/mL)
 - Burkholderia cepacia* (MIC_{50/90}: 256/2,048 µg/mL)
 Activity was maintained in multidrug-resistant Enterobacterales, *P. aeruginosa*, and *A. baumannii-calcoaceticus* sc isolates.
- All taurolidine MIC values were ≤1,024 µg/mL among *Candida glabrata* (MIC_{50/90}: 512/512 µg/mL) and *Candida parapsilosis* (MIC_{50/90}: 256/512 µg/mL) isolates
- MIC_{50/90} values of 4,096/4,096 µg/mL were observed for *C. albicans*

Table 2. Distributions of taurolidine MIC values against various species/groups

Organism (No. isolates)	No. of isolates inhibited at a taurolidine MIC (µg/mL) of:								Taurolidine	
	≤32	64	128	256	512	1,024	2,048	4,096	MIC ₅₀	MIC ₉₀
<i>S. aureus</i> (76)				1	75				512	512
MSSA (37)					37				512	512
MRSA (39)				1	38				512	512
CoNS (52) ^a				10	38	4			512	512
<i>S. epidermidis</i> (36)					32	4			512	1,024
MSCoNS (21)				7	14				512	512
MRCoNS (31)				3	24	4			512	1,024
Enterococcus species (48)				6	40	2			512	512
<i>E. faecalis</i> (38)				1	35	2			512	512
<i>E. faecium</i> (10)				5	5				256	512
VRE (6) ^b				3	3				256	ND
Viridans group streptococci (18) ^c		1	2	5	10				512	512
Nontuberculous Mycobacteria (21)					7	7	7		1,024	2,048
<i>M. avium</i> complex (11) ^d						4	7		2,048	2,048
<i>M. abscessus</i> (10)					7	3			512	1,024
Enterobacterales (137)			1	22	106	8			512	512
<i>E. coli</i> (44)				1	43				512	512
<i>K. pneumoniae</i> (43)				2	38	3			512	512
<i>P. mirabilis</i> (10)				10					256	256
<i>E. cloacae</i> sc (10)					6	4			512	1,024
<i>Citrobacter</i> species (10)				9	1				256	256
<i>S. marcescens</i> (20)			1	1	18	1			512	512
MDR Enterobacterales (20) ^e				1	17	2			512	512
<i>P. aeruginosa</i> (45)					20	23	2		1,024	1,024
MDR <i>P. aeruginosa</i> (10)					8	2			512	1,024
<i>S. maltophilia</i> (15)				12	2	1			256	512
<i>A. baumannii-calcoaceticus</i> sc (15)				2	13				512	512
MDR <i>A. baumannii</i> sc (15)				1	5				512	ND
<i>B. cepacia</i> sc (15)				10	1	2	2		256	2,048
<i>C. albicans</i> (17)							5	12	4,096	4,096
<i>C. glabrata</i> (17)					3	13	1		512	512
<i>C. parapsilosis</i> (16)			3	9	4				256	512

^a *Staphylococcus capitis* (2), *S. epidermidis* (36), *S. haemolyticus* (2), *S. lugdunensis* (10), and *S. saprophyticus* (2).
^b *Enterococcus faecium* (6).
^c *Streptococcus anginosus* group (2), *S. bovis* group (5), *S. gallolyticus* (2), *S. mitis* group (2), *S. salivarius* group (2), and *S. sanguinis* (5).
^d *Mycobacterium avium* (5) and *Mycobacterium intracellulare* (5).
^e *Enterobacter cloacae* species complex (2), *Escherichia coli* (9), and *Klebsiella pneumoniae* (9).

SUMMARY

- Taurolidine activity was very similar among a large collection of Gram-positive, Gram-negative, and yeast organisms.
- MIC90 values for all species/groups were ≤1,024 µg/mL, except for MAC and *B. cepacia* sc (MIC₉₀: 2,048 µg/mL) and *C. albicans* (MIC90, 4,096 µg/mL) where slightly higher MIC₉₀ values were observed.
- The activity of taurolidine was unaffected by resistance to antibiotics (i.e., methicillin, vancomycin, or multi-drug resistance) among Gram-positive or Gram-negative organisms.
- Based on these data, catheter lock solutions containing the broad-spectrum antimicrobial taurolidine at 13,500 µg/mL have the potential to reduce the risk of CRBSI caused by a variety of species, including those observed in the recent LOCK-IT-100 clinical trial and other common bloodstream pathogens.