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Ertapenem (MK-0826) Potency and Spectrum Tested Alone and in Combinations Against 902 Drug-Resistant Isolates

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ABSTRACT

Background: Emerging resistances, especially directed against β -lactams limit continued use of newer cephalosporins and penicillins \pm enzyme inhibitors. Carbapenems have remained wider in spectrum, but compromised by PK/PD characteristics. Ertapenem (ETP) offers long-acting PK features and was tested here against a world-wide challenge of resistant (R) isolates.

Methods: NCCLS reference MIC tests were used to compare ETP, imipenem (IMP), meropenem (MER), ceftazidime (CAZ) and ≥ 7 other drugs. Strains (902) were selected for R to CAZ (ESBLs [93], amp C [93]); IMP and MER; penicillins (drug-R pneumococci) and glycopeptides (VRE). Synergy was assessed by checkerboard and kill curves.

Results: ETP was active against a variety of Gram-negative (G-) pathogens, with high potency versus *E. coli* and *K. pneumoniae* (MIC₅₀s, ≤ 0.015 -0.5 μ g/ml) including ESBL-producing strains. ETP MIC results for ESBL strains were modestly elevated compared to wild-types of the same species. Less ETP activity was noted for *P. aeruginosa*, especially CAZ-R strains (MIC₅₀, 16 μ g/ml). Except for enterococci (MIC₅₀, >32 μ g/ml) and OXA-R staphylococci, ETP was active against G+ species, including β -haemolytic streptococci (MIC₅₀, 0.03 μ g/ml; 100% susceptible [S]), viridans gr. streptococci (MIC₅₀, 2 μ g/ml; 98.1% S), and pen-S *S. pneumoniae* (MIC₅₀, ≤ 0.015 μ g/ml; 100% S). ETP was also potent against *H. influenzae* (MIC₅₀, 0.25 μ g/ml; 100% S). Bactericidal action was observed versus G+ species and enteric bacilli, and at least an additive effect was seen against the majority of strains when combined with ciprofloxacin or gentamicin.

Conclusions: These results from testing 902 recently isolated clinical R strains indicate that ETP, like IMP and MER appears to be a promising broad-spectrum carbapenem with an expanding role against emerging R species. Carbapenem spectrum rank was: MER > IMP > ETP, and all were wider than CAZ.

INTRODUCTION

Considered one of the most potent classes of antimicrobial agents, carbapenems (imipenem, meropenem) are usually reserved for the treatment of serious infections, or multiply-resistant pathogens. Carbapenems display a remarkably broad-spectrum of activity against Gram-negative, Gram-positive, and anaerobic species. Further, these β -lactams typically are stable against hydrolysis by most chromosomal- and plasmid-mediated β -lactamases, including the evolving extended spectrum β -lactamases (ESBL).

Ertapenem (MK-0826) is a novel, long-acting parenteral 1- β -methyl carbapenem. This agent was selected for clinical development partially based on its favorable pharmacokinetics. *In vivo* studies have shown that ertapenem's serum half-life (3.2 hours) and ability to persist in the circulation support the possibility of once-daily dosing. The purpose of this study was to examine the antimicrobial activity of ertapenem tested against a collection of multiply-resistant strains of Gram-positive and -negative bacteria from diverse locations worldwide identified through numerous surveillance studies. In addition, this study examined the bactericidal activity of ertapenem against selected organisms and explored the potential for antimicrobial synergy with ertapenem when combined with a fluoroquinolone (ciprofloxacin) or an aminoglycoside (gentamicin).

MATERIALS AND METHODS

Antimicrobial susceptibility testing was performed using the broth microdilution method as described by the National Committee for Clinical Laboratory Standards (NCCLS). Isolates with increased MICs (≥ 2 μ g/ml) for ceftazidime and/or ceftriaxone (cefotaxime) and/or aztreonam were characterized for the production of extended spectrum β -lactamases (ESBL) and genotyped. The ESBL production was determined based on the susceptibility to ceftazidime, cefuroxime, cefotaxime, ceftriaxone, and cefepime, with and without clavulanic acid using Etest[®] (AB BIODISK, Solna, Sweden) strips. A reduction of β -lactam MIC in the presence of clavulanate by >2 log₂ dilutions indicated probable ESBL production.

The studies of the ESBL-producing enteric bacilli by isoelectric focusing were performed using crude β -lactamase extracts prepared by freeze-thaw lysis of bacterial cultures grown in tryptic soy broth.

Synergy using the broth microdilution checkerboard method was performed against *Staphylococcus aureus* (10 strains), CoNS (10 strains), *Escherichia coli* (10 strains, with 5 producing ESBL), and *Klebsiella pneumoniae* (10 strains, with 5 producing ESBL) isolates. Synergy was defined as a four-fold or more decrease in the MIC of both drugs; partial synergy was a four-fold or more decrease in the MIC of one drug and a two-fold decrease in the other; and additive was a two-fold decrease in the MIC of both drugs. Indifference was defined as no significant change in the MIC of either drug; antagonism as an increase of four-fold in the MIC of both drugs; and indeterminate as MICs above the dilution schedules used in the tests with one or both drugs having MIC results indicating that even after combining drugs, there would be no clinical utility as a co-drug. Bactericidal testing was performed as described in the NCCLS document.

The 902 strains were selected from the collection at the University of Iowa College of Medicine (Iowa City, IA), many derived from national and international surveillance programs. The selection criteria were designed to severely challenge ertapenem with strains observed to be resistant to other parenteral β -lactams and also sample species likely to be treated by carbapenems.

All strains were examined to minimize duplication from clonal dissemination within surveillance samples by: 1) antibiogram analysis; 2) PFGE testing; and 3) automated ribotyping. The strains used for the bactericidal assays and synergy studies were chosen from the strains listed in Tables 1, and are described in the footnotes to Tables 4 and 5.

• Ertapenem was active against *E. coli* (MIC₉₀, ≤ 0.015 -0.5 μ g/ml) and *K. pneumoniae* (MIC₉₀, ≤ 0.015 -0.5 μ g/ml), but demonstrated more elevated MICs when tested against some ESBL-producing isolates. However, all ertapenem MICs were ≤ 1 μ g/ml for *E. coli* and ≤ 4 μ g/ml for 96.7% of ESBL-producing *K. pneumoniae* (Table 2).

• All but three *Enterobacter* spp or *Citrobacter* spp (93 of 113 strains resistant to ceftazidime) were susceptible to ertapenem (MIC₅₀, ≤ 4 μ g/ml). MIC₅₀s of 0.12 and 1 μ g/ml for ertapenem were observed for the ceftazidime-susceptible and ceftazidime-resistant strains, respectively.

• Ertapenem was marginally active (MIC₅₀, 4 μ g/ml) versus ceftazidime-susceptible *P. aeruginosa*, but relatively inactive against ceftazidime-resistant strains (only 14.3% susceptible at ≤ 4 μ g/ml).

• Ertapenem also was active against *H. influenzae* (MIC₉₀, 0.06 μ g/ml), with a potency 32-fold greater than that of cefuroxime.

• Although ertapenem was not active against the enterococci (MIC₉₀, >32 μ g/ml), it was very potent versus other Gram-positive cocci (Table 3), especially β -haemolytic streptococci (MIC₉₀, 0.03 μ g/ml; 100.0% susceptible), and other penicillin-susceptible streptococci. Ertapenem was also very potent against a variety of *S. pneumoniae* isolates, including penicillin-susceptible (MIC₉₀, ≤ 0.015 μ g/ml; 100.0% susceptible) and penicillin-intermediate (MIC₉₀, 0.5 μ g/ml; 77.1% susceptible) strains. Penicillin-resistant (MIC₉₀, 2 μ g/ml; 5.7% susceptible at ≤ 0.25 μ g/ml - the criteria used for meropenem) *S. pneumoniae* and viridans group streptococci (MIC₉₀, 2 μ g/ml) were less susceptible to ertapenem.

• Oxacillin-susceptible staphylococci were ertapenem-susceptible to all MICs ≤ 0.5 μ g/ml, as were *Bacillus* spp. (MICs ≤ 1 μ g/ml). *Corynebacteria*, however, were less inhibited by ertapenem.

• Ertapenem generally demonstrated bactericidal action versus staphylococci, *E. coli*, and *K. pneumoniae* (Table 4).

• Synergy analyses revealed enhanced inhibition with partial synergy or additive effects for the majority of strains tested when ertapenem was combined with ciprofloxacin or gentamicin (Table 5). Indifference was more common among the ertapenem-gentamicin combinations, but no antagonism was observed in the 80 tests conducted.

Table 1.
Strains tested in each study phase (902 total organisms).

Pathogens	No. Strains/Characteristics
<i>E. coli</i>	79 strains; 32 with ESBL phenotypes
<i>K. pneumoniae</i>	99 strains; 61 with ESBL phenotypes
<i>C. freundii</i> and <i>Enterobacter</i> spp.	113 strains; 93 with ceftazidime resistance
<i>P. aeruginosa</i>	39 strains; 14 resistant to ceftazidime
Ceftazidime-resist (14)	16 strains; 14 resistant to ceftazidime
<i>H. influenzae</i>	97 strains; 39 having a β -lactamase or ampicillin resistance
Enterococci	56 strains; 28 vancomycin-resistant
β -haemolytic streptococci	99 strains; 5 serogroups
Viridans group streptococci	108 strains; ≥ 10 species
<i>S. pneumoniae</i>	114 strains; 44 penicillin-susceptible
Coagulase-negative staphylococci	16 strains; all oxacillin-susceptible
<i>S. aureus</i>	51 strains; all oxacillin-susceptible
<i>Bacillus</i> spp.	12 strains
<i>Corynebacterium jeikeium</i>	8 strains
<i>Corynebacterium</i> spp.	11 strains

Table 2.
Comparative antimicrobial activity of ertapenem tested against 427 strains of Gram-negative organisms including strains resistant to other β -lactams.

Organism/Resistance Phenotype (no. tested)	Antimicrobial Agent	MIC (µg/ml)			% Susceptible*
		50%	90%	Range	
<i>E. coli</i> (147)	Ertapenem	0.015	0.015	0.015-0.38	100.0
	Imipenem	0.12	0.25	0.015-0.1	100.0
	Meropenem	0.06	0.06	0.015-0.1	100.0
	Ceftazidime	0.025	0.025	0.015-0.1	100.0
	Ceftriaxone	0.02	0.02	0.015-0.1	100.0
	Cefuroxime	0.012	0.012	0.012-0.2	80.0
	Ciprofloxacin	0.025	0.025	0.012-0.1	100.0
	Gentamicin	0.1	0.2	0.015-0.8	93.8
	Tazobactam	0.06	0.06	0.015-0.1	100.0
	Amoxicillin	4	1/6	1/15	51.2
<i>K. pneumoniae</i> (107)	Ertapenem	0.08	0.15	0.015-0.1	100.0
	Imipenem	0.12	0.15	0.015-0.1	100.0
	Meropenem	0.06	0.12	0.015-0.12	100.0
	Ceftazidime	0.02	0.02	0.015-0.1	100.0
	Ceftriaxone	0.02	0.02	0.015-0.1	100.0
	Cefuroxime	0.012	0.012	0.012-0.1	100.0
	Ciprofloxacin	0.025	0.025	0.012-0.1	100.0
	Gentamicin	0.1	0.2	0.015-0.8	93.8
	Tazobactam	0.06	0.06	0.015-0.1	100.0
	Amoxicillin	4	1/6	1/15	51.2
<i>S. pneumoniae</i> (107)	Ertapenem	0.015	0.015	0.015-0.1	100.0
	Imipenem	0.015	0.015	0.015-0.1	100.0
	Meropenem	0.06	0.06	0.015-0.1	100.0
	Ceftazidime	0.025	0.025	0.015-0.1	100.0
	Ceftriaxone	0.02	0.02	0.015-0.1	100.0
	Cefuroxime	0.012	0.012	0.012-0.1	100.0
	Ciprofloxacin	0.025	0.025	0.012-0.1	100.0
	Gentamicin	0.1	0.2	0.015-0.8	93.8
	Tazobactam	0.06	0.06	0.015-0.1	100.0
	Amoxicillin	4	1/6	1/15	51.2
<i>P. aeruginosa</i> (25)	Ertapenem	0.015	0.015	0.015-0.1	100.0
	Imipenem	0.06	0.06	0.015-0.1	100.0
	Meropenem	0.06	0.06	0.015-0.1	100.0
	Ceftazidime	0.025	0.025	0.015-0.1	100.0
	Ceftriaxone	0.02	0.02	0.015-0.1	100.0
	Cefuroxime	0.012	0.012	0.012-0.1	100.0
	Ciprofloxacin	0.025	0.025	0.012-0.1	100.0
	Gentamicin	0.1	0.2	0.015-0.8	93.8
	Tazobactam	0.06	0.06	0.015-0.1	100.0
	Amoxicillin	4	1/6	1/15	51.2
<i>H. influenzae</i> (97)	Ertapenem	0.015	0.015	0.015-0.1	100.0
	Imipenem	0.06	0.06	0.015-0.1	100.0
	Meropenem	0.06	0.06	0.015-0.1	100.0
	Ceftazidime	0.025	0.025	0.015-0.1	100.0
	Ceftriaxone	0.02	0.02	0.015-0.1	100.0
	Cefuroxime	0.012	0.012	0.012-0.1	100.0
	Ciprofloxacin	0.025	0.025	0.012-0.1	100.0
	Gentamicin	0.1	0.2	0.015-0.8	93.8
	Tazobactam	0.06	0.06	0.015-0.1	100.0
	Amoxicillin	4	1/6	1/15	51.2

* Based on MIC susceptibility as defined by the NCCLS (2001) as follows: ertapenem susceptible at 0.015 μ g/ml, and ESBL positive strains at ≥ 0.015 μ g/ml with a 4-fold increase in MIC.
 † 100% susceptible to ceftazidime and many other "third-generation" cephalosporins and 50 AmpC + stable β -lactamase expression of 49 of 107 *K. pneumoniae* isolates tested. MIC ≤ 0.015 μ g/ml. Includes 2 *K. pneumoniae* (107) strains with ESBL phenotypes and 107 *K. pneumoniae* (107) strains without ESBL phenotypes.
 ‡ Includes 39 (25) ertapenem-resistant strains (β -lactamase resistant).

RESULTS

Table 3.
Comparative antimicrobial activity of ertapenem tested against 475 strains of Gram-positive cocci and bacilli.

Organism/Resistance Phenotype (no. tested)	Antimicrobial Agent	MIC (µg/ml)			% Susceptible*
		50%	90%	Range	
<i>S. aureus</i> (10)	Ertapenem	0.015	0.015	0.015-0.1	100.0
	Imipenem	0.015	0.015	0.015-0.1	100.0
	Meropenem	0.015	0.015	0.015-0.1	100.0
	Ceftazidime	0.015	0.015	0.015-0.1	100.0
	Ceftriaxone	0.015	0.015	0.015-0.1	100.0
	Cefuroxime	0.015	0.015	0.015-0.1	100.0
	Ciprofloxacin	0.015	0.015	0.015-0.1	100.0
	Gentamicin	0.015	0.015	0.015-0.1	100.0
	Tazobactam	0.015	0.015	0.015-0.1	100.0
	Amoxicillin	0.015	0.015	0.015-0.1	100.0
<i>CoNS</i> (15)	Ertapenem	0.015	0.015	0.015-0.1	100.0
	Imipenem	0.015	0.015	0.015-0.1	100.0
	Meropenem	0.015	0.015	0.015-0.1	100.0
	Ceftazidime	0.015	0.015	0.015-0.1	100.0
	Ceftriaxone	0.015	0.015	0.015-0.1	100.0
	Cefuroxime	0.015	0.015	0.015-0.1	100.0
	Ciprofloxacin	0.015	0.015	0.015-0.1	100.0
	Gentamicin	0.015	0.015	0.015-0.1	100.0
	Tazobactam	0.015	0.015	0.015-0.1	100.0
	Amoxicillin	0.015	0.015	0.015-0.1	100.0
<i>Strep. pyogenes</i> (10)	Ertapenem	0.015	0.015	0.015-0.1	100.0
	Imipenem	0.015	0.015	0.015-0.1	100.0
	Meropenem	0.015	0.015	0.015-0.1	100.0
	Ceftazidime	0.015	0.015	0.015-0.1	100.0
	Ceftriaxone	0.015	0.015	0.015-0.1	100.0
	Cefuroxime	0.015	0.015	0.015-0.1	100.0
	Ciprofloxacin	0.015	0.015	0.015-0.1	100.0
	Gentamicin	0.015	0.015	0.015-0.1	100.0
	Tazobactam	0.015	0.015	0.015-0.1	100.0
	Amoxicillin	0.015	0.015	0.015-0.1	100.0
<i>Strep. pneumoniae</i> (11)	Ertapenem	0.015	0.015	0.015-0.1	100.0
	Imipenem	0.015	0.015	0.015-0.1	100.0
	Meropenem	0.015	0.015	0.015-0.1	100.0
	Ceftazidime	0.015	0.015	0.015-0.1	100.0
	Ceftriaxone	0.015	0.015	0.015-0.1	100.0
	Cefuroxime	0.015	0.015	0.015-0.1	100.0
	Ciprofloxacin	0.015	0.015	0.015-0.1	100.0
	Gentamicin	0.015	0.015	0.015-0.1	100.0
	Tazobactam	0.015	0.015	0.015-0.1	100.0
	Amoxicillin	0.015	0.015	0.015-0.1	100.0
<i>Strep. viridans</i> (15)	Ertapenem	0.015	0.015	0.015-0.1	100.0
	Imipenem	0.015	0.015	0.015-0.1	100.0
	Meropenem	0.015	0.015	0.015-0.1	100.0
	Ceftazidime	0.015	0.015	0.015-0.1	100.0
	Ceftriaxone	0.015	0.015	0.015-0.1	100.0
	Cefuroxime	0.015	0.015	0.015-0.1	100.0
	Ciprofloxacin	0.015	0.015	0.015-0.1	100.0
	Gentamicin	0.015	0.015	0.015-0.1	100.0
	Tazobactam	0.015	0.015	0.015-0.1	100.0
	Amoxicillin	0.015	0.015	0.015-0.1	100.0

* Based on MIC susceptibility as defined by the NCCLS (2001) as follows: ertapenem susceptible at 0.015 μ g/ml, and ESBL positive strains at ≥ 0.015 μ g/ml with a 4-fold increase in MIC.
 † 100% susceptible to ceftazidime and many other "third-generation" cephalosporins and 50 AmpC + stable β -lactamase expression of 49 of 107 *K. pneumoniae* isolates tested. MIC ≤ 0.015 μ g/ml. Includes 2 *K. pneumoniae* (107) strains with ESBL phenotypes and 107 *K. pneumoniae* (107) strains without ESBL phenotypes.
 ‡ Includes 39 (25) ertapenem-resistant strains (β -lactamase resistant).